



Oral health policy

Safeguarding and Welfare Requirement: Health, (with regard to Section 3, (3.45) of The Safeguarding and Welfare requirements 2021).

The setting provides care for children and promotes health through promoting oral health and hygiene, encouraging healthy eating, healthy snacks, and tooth brushing, this is planned within the curriculum through games, stories, and activities.

- Fresh drinking water is available at all times and easily accessible.
- Sugary drinks are not served and discouraged as a drink provided from home.
- Only water and milk are served with morning and afternoon snacks.
- Children are offered healthy nutritious snacks with no added sugar.
- Parents are discouraged from sending in confectionary as a snack or treat.

Pacifiers/dummies

- Parents are *advised* to stop using dummies/pacifiers if their child is still using one when they join us.
- Dummies that are damaged are disposed of and parents are told that this has happened

Further guidance

Infant & Toddler Forum: Ten Steps for Healthy Toddlers

www.infantandtoddlerforum.org/toddlers-to-preschool/healthy-eating/ten-steps-for-healthy-toddlers/

Adopted by Chipstead Pre-school on:

Signed by: Liz Sheldon

Signature:

Date review / amended: